

Happy New Year! As I reflect on the number of e-mails I have sent with that phrase, I am reminded of the joy those three words bring. Have you ever felt unhappy because someone wished you a fresh and joyful beginning? I tend to smile – which is why I think of winter as a clean start, a do-over with the bonus of snow. Regardless of what happened last month or last year, you are enthusiastically invited to try again.

It is in this joyful spirit that I share this winter issue of *Pathways*. Andrew Coffey shares a new way of looking at climbing gyms; Chloe Steepe, a new approach to diabetes management; Glen Hvenegaard, a new way of thinking about the importance of place in fieldwork. Michael Ivany reviews a recently published book while Jeff Jackson and Ian Pineau share some emerging thoughts about risk and outdoor education. Drew Sellen contributes his newly gleaned insights on working with participants with acquired brain injury. If you're not excited yet, try Jana Miller's lesson plan – who knew teaching about hibernation could be so fun?

For those of you who prefer to hibernate, feel free to dream about the ghost of conferences past and the ghost of conferences future. Just don't nap so long that you miss workshop and poster submission deadlines. The conference committee would appreciate other help too.

Finally, more news worth celebrating. Apparently *Pathways* has caught the eye of the folks at EBSCO Publishing. They would like to include *Pathways* in the research and bibliographic databases they distribute to academic libraries. The main benefit is the significant domestic and international exposure for *Pathways* and the royalties we would receive for our content. Their main goal is for their featured journals to be read and cited while at the same time driving interested readers to the COEO website with its subscription and membership information. We have yet to work out how/if this can work with ERIC, but in the meantime please keep your articles coming. The spring issue of *Pathways* is a mere six weeks away.

Kathy Haras

Giwaykiwin Program Update

by Greg Lowan

In the last issue of *Pathways*, I reported on my master's study into Outward Bound Canada's Giwaykiwin Program for Aboriginal youth (Lowan, 2008). Due to printing deadlines, the final version of the article containing important information on the current state of the Giwaykiwin program was not published.

During follow-up conversations with research participants, I observed a growing awareness within Outward Bound of the concerns relating to cultural revitalization and decolonization identified in the study. Initiatives embodying some of the study recommendations (Lowan, 2008) are in progress. These include conducting courses in Aboriginal communities' respective traditional territories and the increased involvement of Elders and other community leaders. Goals

have also been set for continued program development.

Throughout the research process, I was impressed by the participants' willingness and dedication to this study. They invested considerable time and thought and I am grateful for that. Outward Bound Canada also deserves recognition for their persistent efforts to improve the Giwaykiwin program.

Reference: Lowan, G. (2008). Paddling tandem: A collaborative exploration of Outward Bound Canada's Giwaykiwin Program for Aboriginal youth. *Pathways*, 21(1), 24–28.

Greg Lowan is a doctoral student and Outdoor Centre instructor at the University of Calgary.